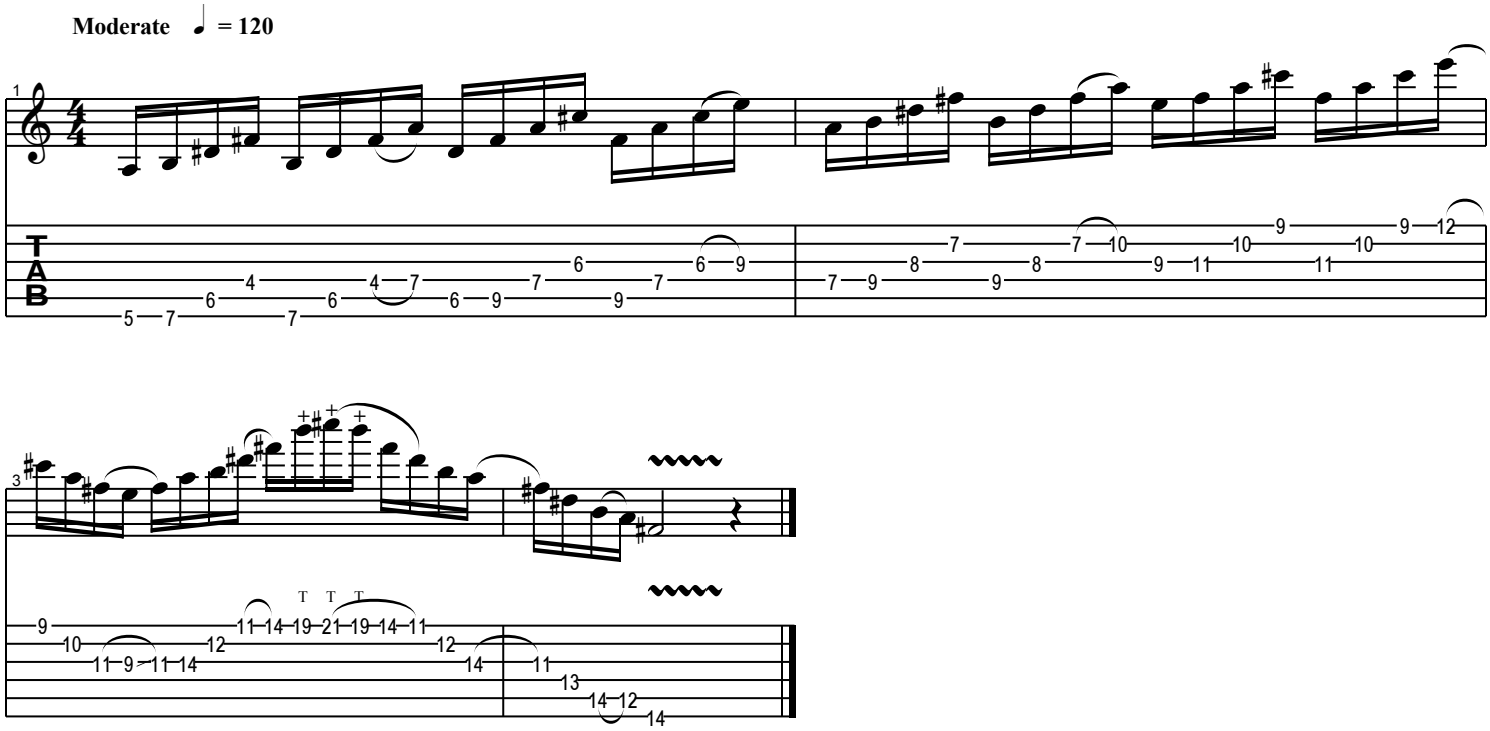
Martelos mão esqueda + Abafado mão direita

Hard Alexandre